

JOIN THE JOURNEY— SELF COACHING QUESTIONS



1. Who do you want to be?

How do you want to show up in the world around you?

What is most important to you?

How do you want to be remembered?

What do you want to create?

What motivates you? Excites you?

What does success look like for you?

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3. Fast forward 366 days... If the past year had been the best year you could have ever imagined, what would have happened?

4. What are you committed to achieving this year?

5. What are you committed to achieving in the next 90 days?

6. What are you committed to achieving in the next week?

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