

JOIN THE JOURNEY— SELF COACHING QUESTIONS

around you?		want to be?	-		
	ou?	important to yo	That is most in	hat is	Wh
	embered?	want to be reme	ow do you wa	ow do	Hov
		want to create?	hat do you w	hat do	Wh
	es you?	tes you? Excite	hat motivates	hat m	Wh
	for you?	ccess look like	hat does succ	hat do	Wh

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How is this	different from where you are currently?	
What will	his give you that you don't already have today?	
	ou want your life to look like? If you could	
a story a	out the perfect life from this point forward	
•	out the perfect life from this point forward	
a story a	out the perfect life from this point forward	
a story a	out the perfect life from this point forward	
a story a	out the perfect life from this point forward	

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3.	Fast forward 366 days If the past year had been the best year you could have ever imagined, what would have happened?
4.	What are you committed to achieving this year?
5.	What are you committed to achieving in the next 90 days?
6.	What are you committed to achieving in the next week?

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